



St Francis Xavier's Primary School

and Nursery Class

Primary 2,3 and 4

Numeracy 'Mystery Number'

A **Place Value** game for any number of players (get the whole family involved!)

- Choose the upper and lower limit numbers for your game, i.e. between 10 & 100.
- 1st player chooses a number & writes it down.

(This is the Mystery Number so hide it!)

- Other players try to guess the number.
- Each time a guess is made, the 1st player must say if the number is **higher** or **lower** than the guess.
- Play continues until the **Mystery Number** is guessed.

Hint – to make the game easier or harder, just use 3 digit or 4 digit numbers.

Literacy

Make your own secret message to practise your spelling words or words that you find tricky.

You will need – 2 pieces of paper, a bowl of water, a pencil and a mirror.

- Wet 1 piece of paper, sit it on a mirror
- Place dry paper on top and write your words.
- Peel dry paper away and leave wet paper to dry.
- Once dried, put wet paper back into the water.
- Your secret words will reappear!

Health & Wellbeing

Think of a time when you were **brave**. What happened that made you feel brave?

Did you ask a question in class?

Did you ask someone for help?

Maybe you sang a song or performed in front of an audience.

Think about being **brave**.

Talk to someone in your family about having a **Growth Mindset**, this will help you think about some **qualities** that make people **brave**.

Create a cartoon character who is **brave**! Around your drawing, write each quality that helps your character to be **brave**.

You could write a **motto*** and decorate it. *A **motto** is a belief that is important to you



PE

It's time to organise your own...

Home Sports Day.

Decide which activities you would like to have. Advertise your event by creating a poster or banner displaying your chosen activities - your family may wish to have a practise.

Some possible activities are - ball toss, balance, potato and spoon, sit-ups and pillowcase sack race.

You can think of more activities.

Remember to involve your whole family in your Home Sports Day! Don't forget to include yourself in the event!

Create a **Leaderboard** which would encourage everyone to try their best to be **the best they can be!**

Activity	1 st place	2 nd place

You will need to remember that everyone will need a snack and plenty of water to keep them hydrated.

You could make rosettes for everyone as a way of celebrating the success of your event!

Resilience Week – Hospice

Create a picture or poster to thank the Staff of Strathcarron Hospice for the caring work they do all year to support people in our communities.

Ask an adult if they could either post or tweet your creation to the Hospice.

Include your **Christian name and school name only** (no other personal details).

@strathcarron1

Strathcarron Hospice

Randolph Hill,

Fankerton,

Denny

FK6 5HJ

Literacy/Art 'Picture Your Name'

- Find each letter of your name in a selection of old magazines, newspapers or leaflets.
- Carefully cut out and stick down each letter in the correct order to create a decorative collage of your name.
- You could create one for each person in your family.

HWB Mental Health Week

It is important to **think** about how you are **feeling**. **Talk** to an adult and **share** your feelings together.

Now create and draw your own unique **'Emotional Corona-Coaster'** and write words to describe feelings for when you are high up and down low on the ride.



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<u>Gaelic/French/PE</u> Halò! Bonjour! Time to get moving, French or Gaelic style. 1. Choose 6 different fitness actions, one for each side of your dice, e.g 5 X star jumps; 3 X burpees etc. 2. Roll your dice, call out that number in language and complete your fitness action whilst counting aloud. As an alternative you could roll 2 dice* then find the total in French or Gaelic before choosing your favourite fitness task. *(You will need another 6 actions!)	<u>RERC</u> <u>Ascension Thursday</u> Try to join Mass which St. Francis Xavier Parish will livestream on Thursday 21st May. Even although Jesus has ascended to Heaven and we cannot see him, He is still with us, He hears us and helps us. <u>Create an Ascension Thursday Prayer Spiral</u> 1. Draw around a CD or a plate. 2. Carefully cut out the circle shape. 2. Draw a spiral on your circle shape. 3. Write a prayer to Jesus all the way around your spiral. (think about giving thanks or asking for His blessings) 2. Carefully cut along the lines of your spiral and attach a piece of thread/string so that you can hold your spiral whilst it dangles down. 3. Your prayers will rise to Heaven like Jesus did.	<u>RERC</u> <u>Prayer Time with a TWIST!</u> You will need – a pack of playing cards. RED card means a 'thank you' prayer. BLACK card means a 'sorry' or 'please' prayer KING card means think of words to describe God & how great God is. QUEEN card means a 'Hail Mary' or pray for a FEMALE in your family. JACK means an 'Our Father' or pray for a MALE in your family. 1. Shuffle a pack of cards and lay the pack face-down. 2. Take turns to pick up a card from the pile. Look at the card and use the information to help you pray.	<u>Art & Design</u> We are STAY HOME HEROES just now but sometimes we can feel like we are the only people around! It can feel like our homes are our own little islands. • Design your own island. • Which services would you need, e.g. roads, harbour, school, church, homes, shops, bank. You will think of more... • Create your island (draw, paint or junk modelling) • Remember to label or name each part. • Invent a name for your unique island home!
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Useful websites:

www.nosycrow.com/wp-content/uploads/2020/04/Coronavirus-A-Book-for-Children.pdf

<https://nursedottybooks.files.wordpress.com/2020/03/dave-the-dog-coronavirus-1-1.pdf>

www.seemescotland.org/young-people



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www.youngminds.org.uk

www.loyolapress.com/retreats/feast-of-the-ascension/ Ascension Day 3 minute reflection

www.youtube.com/watch?v=UsEz58BbIMY French Counting Song 1 – 20

www.youtube.com/watch?v=JLukO8s2pSc Scottish Gaelic Song 1 - 20

www.youtube.com/watch?v=IOkW1yMg3Bo Writing secret words and messages

www.falkirkcatholics.org (St Francis Xavier Parish livestream for Mass)

@strathcarronhospice1 (Twitter for Strathcarron Hospice)

Strathcarron Hospice (postal address for Strathcarron Hospice)

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