



St Francis Xavier's Primary School

and Nursery Class

Primary 2, 3 and 4

Health & Wellbeing

Gratitude is one of many **positive** emotions. It's about focusing on what is **good in our lives** and being **thankful** for the things that we have.

You can challenge yourself either indoors or outdoors to complete your own -

Gratitude Scavenger Hunt.

1. Find something that makes you **happy**.
2. Find something to give to someone else to make them **smile**.
3. Find one thing that you **love to smell**.
4. Find one thing that you **enjoy looking at**.
5. Find something in your **favourite colour**.
6. Find something that you are **thankful for in nature**.
7. Find something that you could use to **make a gift** for someone in your household.
8. Find something that is **useful for you**.

You could collect the items, use a piece of paper to illustrate the items you find or use a camera to record what you are thankful for. What a lovely **Keepsake** this will make!



Literacy

Look at your spelling words (on your Class Team). Use these words to create your own wordsearch.

Remember to write each word in a grid format either-

- Forwards
- Backwards
- Top to bottom
- Bottom to top
- Diagonally

Then add random letters in the spaces that are left. (This will help to hide your words)

Top tip - keep your letters neatly in straight rows!

FFYDRIZZLERDCVFI
SEWYBRCXWZDFUI
GOILAWCXFVBHOKI
NRNYDGYLBGFTEGI
UCDSXERUOPASEDI
HAWRTMNUJUKMNB
TJIKORPMNSDCWEH
XQAZBOMJYHGSFRI
ALIGHTNINGTYHUI
FMTXWSLPDXZERTI
QDMXTHITWTROWVFI
ZVNIJRDSGKJOSGI
GMISTPUOFCNESXI

Numeracy – Chilli Challenge



VERY Different ways to **make 1000**

HOT Different ways to **make 100**

MEDIUM Different ways to **make 50**

MILD Different ways to **make 20**

Remember you can use **+** **-** **x** and **÷**



You could make this into an original piece of artwork by choosing your favourite bright colours for your sums. Remember to include your signature on the page!

RERC Feast of St. Peter and St. Paul

St. Peter and St. Paul both continued the work of Jesus by converting people to Christianity until they died.

They became martyrs because they encouraged other people to follow the Christian faith.

Find out a little about each Saint and create **'Five Facts'** about both men.

You could present your 'Five Facts' in a **poster** or a **leaflet**.

The Feast of St. Peter & St. Paul is celebrated on the 29th June. It is a **Holy Day of Obligation**. Try to find out what this means for our school community.

Join our school community for livestream Mass from St. Francis Xavier's Parish on 29th June.

Art – Shadow Pictures

Have you ever noticed your shadow? When you move about, it can seem as though you are not alone! It's your **SHADOW!**

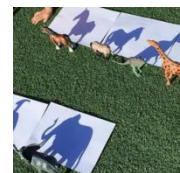
A shadow is the dark shape made when the light is blocked. (You need a light source)

Choose some of your toys to create your own **Shadow Art**.

Draw around the shadow that your toys create. Don't worry if it isn't a sunny day.

The sun isn't the only light source. You could use a light in your room or a torch.

Try to find out about the Earth making a shadow which can cause an eclipse?





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Literacy/Science/Social Subjects

Weather For The Week Ahead

Everyone enjoys checking on daily Weather Reports (even when the forecast isn't dry and bright!)

Knowing which weather to expect can sometimes help us plan what we wear or which activities we can do!

Become a Weather Forecaster

1. Make a list of the different weathers.
2. Design a symbol for each weather type.
3. Carefully fold a piece of paper into 8 equal parts.
4. Write your Title – **'Weather for the Week Ahead'** in one of the boxes. Use the other 7 boxes for each day of the week.
5. Each day, listen to a current forecast e.g. www.bbc.co.uk/weather or follow [@BBCScotWeather](https://twitter.com/BBCScotWeather). You could also watch the Weather Presenter on the television (usually after the News).
6. Place your symbols to match the weekly forecast. Display at home for your family.



Try to find each weather word in **Gaelic** or **French** and present your Weather Chart with a **languages twist!**



Health & Wellbeing/Literacy

Protect The Skin You're In!

We love to see days when the sun shines. We know that it can make it easier for you to enjoy fresh air and fun outdoors with your family!



Watch and listen carefully to Andy and Dodge the dog.

www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids

They are singing a song about the importance of taking care in the sunshine.

Listen carefully & use your **comprehension skills** to take notes of the important **words and phrases**.

Now create your own **Top 5 Tips for Sun Safety!** Create a catchy slogan for your readers to enjoy!

PE

Enjoy your daily walks and make it an Active Challenge for your whole family!

When you see a...

- | | |
|-----------------------|---|
| • Post Box | Hop on one foot 5 times |
| • Cat | Do 10 star jumps |
| • Cyclist | Spin and jump in a circle |
| • Bird | Tweet and flap your arms |
| • School | Run fast on the spot |
| • White car | 6 high knees |
| • Traffic Lights | March on the spot |
| • Butterfly | Touch your head and toes 10 times |
| • Dog | 4 lunges |
| • Rainbow in a window | Clap your hands (above your head or behind your back) |

Why not **create your own** Active Challenge!

Global Citizenship

Observe – Recreate - Imagine

Use your appreciation of our Common Home, improve your observational skills and develop your imagination – all at the same time! Spend a little while outside, looking at nature around you and appreciating the beauty of it! Say a quiet prayer to thank God for our world. Find a little item of beauty, such as a daisy, a leaf or a twig.

Fold a piece of paper into 3 parts.

Put your item in the **'Observe'** part.

In the **'Recreate'** part, make a detailed drawing to show your item.

In the **'Imagine'** part, use your imagination to draw how it could look!



RERC – The Parable of the Sower

You can read this Parable in the Bible.

Look for the Gospel by **Matthew 13:1-23** or use the link provided on the next page to read the eBook **'The Sower & the Seeds'**.

Parables are simple stories that Jesus told.

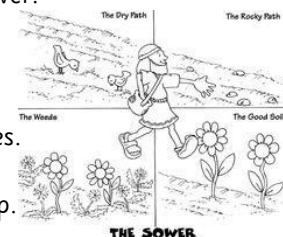
Each story has a **moral** and Jesus used this as a way to **teach us an important lesson**.

Make a comic strip to retell

'The Parable of the Sower.'

Top Tip –

Read the parable and **summarise** the story in only 3 or 4 sentences. Use your summary to create your Comic Strip.





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www.bbc.co.uk/bitesize/clips/zq32fg8 BBC Bitesize 1st Level (Sun, Shadows & Time of the Day)

www.bbc.co.uk/bitesize/clips/ztwykqt BBC Bitesize 1st Level (How Do We Get Day & Night)

www.tigtagworld.co.uk/film/cat-and-mouse-shadows-PRM00005/ Tigtag Science clip about Shadows
(You will find Tigtag on your GLOW Launch Pad)

www.climatekids.nasa.gov Weather and Climate

<https://thewordsearch.com/puzzle/1189082/> Wordsearch creator

<https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids> Cbeebies Sun Safety clip

<https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/> NHS Advice about Sun Safety

www.twinkl.co.uk/resource/t-re-184-the-sower-and-the-seeds-parable-ebook eBook for Parable

<https://www.loyolapress.com/retreats/rich-soil/> Guided reflection

www.twinkl.co.uk/resource/t2-re-548-feast-of-saint-peter-and-saint-paul-powerpoint St. Peter & St. Paul

www.falkirkcatholics.org (St Francis Xavier Parish livestream for Mass)

www.go-gaelic.com Gaelic resources

@falkirk1plus2 (If you would like to tweet any French or Gaelic activities that you do)

THREE IMPORTANT REMINDERS...

1. YOU MATTER.

2. YOU ARE LOVED.

3. EVERYTHING WILL BE OKAY.

KIND WORDS
CAN BE SHORT
AND EASY TO SPEAK
BUT THEIR ECHOES
ARE TRULY ENDLESS
-MOTHER TERESA