



St Francis Xavier's Primary School

and Nursery Class

Primary 5, 6 and 7

Health and Wellbeing

Remember the emotion works cogs?

emotion works



Helps us to learn and talk about emotions

Orange: Emotion Words

How are you feeling?

Yellow: Triggers

What has made you feel this way?

Red: Body Sensations

Where do you feel it?

What is happening inside your body?

Green: Behaviours

What are you doing?

How are you showing this emotion?

Blue: Regulation Strategies

What will make you feel better?

Try to explain this to an adult by giving them an example.

E.g. I am feeling **scared** because **I had a bad dream**. I am **shaky** and **quiet**. I think a **hug** will make me feel better.

Active Literacy—Spelling

Remind yourself of the six spelling strategies.

Words within words - **Saturday** has sat and day.

Analogy - If I can spell file, I can spell smile and pile.

Mnemonic - **big** elephants **can** add **up** sums **easily**

Compound words - foot + ball = football

Syllabification - re-mem-ber - how many claps?

Spelling Rules - e.g. take away “y” and add “ies”

Use at least 3 different strategies to practise your spelling words.

Can you write 3 sentences using your spelling words without looking at how to spell them?



Numeracy—Place Value

Use 6 4 9 3 5 7 2

Use 4 6 5 7 2 3

Use 4 7 2 5

Number Challenge

What is the biggest number you can make using these numbers?

What is the smallest number you can make using these numbers?

Can you make any more numbers?

Can you partition the number you create?

Challenge an adult to read the number you create.

Millions	Hundred Thousands	Ten Thousands	Thousands	Hundreds	Tens	Ones
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RERC— Our Lady's Birthday

8th September

Create an altar in your home to show appreciation for Mary.

Remind yourself of the Joyful Mysteries and Glorious Mysteries of the Rosary.

Can you draw a scene from one of these mysteries?

<https://teachingcatholickids.com/the-rosary-mysteries/>



Outdoor Learning

Go a nature walk with a friend/adult. Take some pictures of the changes you see happening due to Autumn coming in.

Can you create some natural paint? Collect berries and other natural materials and mix with water to create different colours of paint. What could you use to make it thicker/thinner?



Can you create an autumnal picture using the paint you have made?



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Science Experiment

Put a tablespoon of baking soda in a square of toilet roll and make it into a pouch by gathering the corners together.

Put this into a sealable sandwich bag that has a cup of vinegar in it and seal the bag.

Make a prediction and write it down.

Draw a diagram with labels to show what you did and write what you think might happen?

Observe

Stand bag and watch what happens.

Record and Compare

What was the result of the experiment?

What happened? How was this different from your prediction?

Think

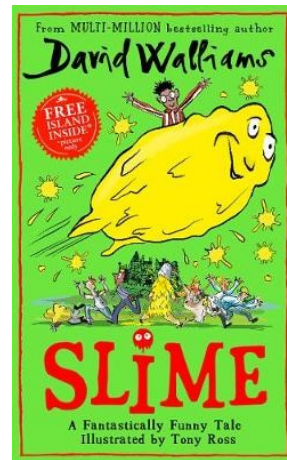
Do you think if you carried out the experiment again, the exact same thing would happen again?

How could this experiment be used to demonstrate a real life event.

Clue: think of lava...

Watch this video AFTER you have done the previous steps.

https://www.youtube.com/watch?v=9b_gltKtERY



Ned has lived on Mulch all his life and whilst trying to get his own back on his trickster sister, Jemima, he discovers one of the great mysteries of the world – slime! What is it? Who is it? Where does it come from? And how does Ned use slimepower to take on the horrible grown-ups of Mulch? David Walliams' legion of fans will delight in an enthralling read that finally unearths the legend of the origins of slime.

Literacy—Predictions

When you make a prediction, you make a guess as to what will happen in a text with the clues you have been given. Read the blurb below of this book and write a prediction about what you think might happen.

Remember to say what makes you think that way. HINT: Look at the pictures too!

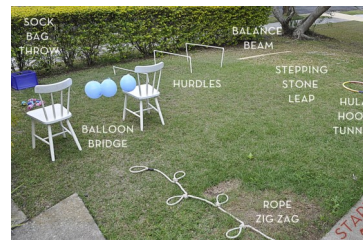
Blurb:

WELCOME TO THE ISLE OF MULCH...

Home to a large number of awful adults who like nothing more than making children miserable. And the island is owned by the most awful one of all – Aunt Greta Greed! Something needs to be done about them. But who could be brave enough? Meet Ned!

P.E—Obstacle Course

Make an obstacle course using materials in your garden. Time yourself doing this and then ask a family member to complete it.

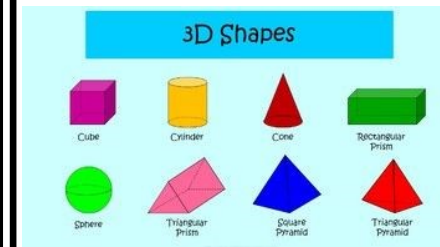


Complete the obstacle course 3 times and see who did it fastest.

You could work out the difference in time too.

You can draw out a map of your obstacle course.

Mathematics—3D Shape



Can you find any 3D shapes around the house?

Create a robot using 3D shape. Can you create a profile for the robot? Use mathematical language to describe the robot.

Example: Head is a cube with 6 flat faces which are squares and 8 Vertices.

Word Bank:

Flat Curved Face Vertice/Vertex Edge

Spanish —Days of the Week

Remind yourself of the days of the week in Spanish.

Can you create a timetable of what you do on these days? Do you do any special activities?

Watch the video and try to join in.

<https://>

www.youtube.com/watch?v=K2iT6VeEylE

